Marinette Recreation Department 2024

K - 1st Grade Basketball League Rules

General Information

While scores and records will be kept, and competition will be encouraged, our first priority is fun! The Recreation League is instructional in nature, and is intended to introduce children to the rules and fundamentals of basketball.

I. Eligibility/Coaches

- 1. Players will be in Kindergarten or 1st grade to participate in the league. 4K students who have turned 5 by January 1, 2024 are also eligible.
- 2. Players will be divided (to the best of the Recreation Department's ability) into evenly split teams based upon age and school.
- 3. All coaches must submit a background check to the Marinette Recreation Department before practicing or coaching players.
- 4. Each team is able to reserve one (1) hour of practice at the REC per week for free on half court. Coaches will set up the times with the front desk at the REC.

II. Equipment/Uniforms

- 1. Each team will be issued t-shirt jerseys.
- 2. Jerseys must be tucked in at all times during games.
- 3. No jewelry may be worn at any time during the game.
- 4. All basketball hoops will be set at 8 feet.
- 5. A youth size basketball will be used (27.0).

III. Playing Rules

- 1. Games will consist of four (4) running six (6) minute quarters. The clock will stop as close to possible under 3-minutes of each quarter at which time the coaches may make substitutions.
- 2. Teams may start with a minimum of 4 players and can finish with as few as two.
- 3. All substitutes must check in at the scorer's table and wait for an official to allow them to enter the game.
- 4. Intermissions will be one (1) minute between each quarter with a three (3) minute half-time. Each team will have one (1) minute timeout per half that do not carry over if unused.
- 5. The clock will only stop at the half way mark in each quarter for substitutions (three minutes), during timeouts, and for injuries at the officials' discretion.
- 6. No overtime will be played. Games can end in a tie.
- 7. All players will play evenly and no less than 50% of each game.
- 8. One coach from each team has the ability to coach players from the court, rather than from the bench. Instructions may be given during game play to players to encourage proper game play, but must not impede the game. Coaches are required to encourage players to pass the ball frequently so that all players have equal opportunity on offense. It is the hope of the league that all players will have the opportunity to handle and shoot the ball equally.
- 9. All substitutions (excluding injury substitutions) will occur during the official break in play.

- 10. A player sustaining a minor injury may return to play at the earliest stoppage in play upon recovery. The player replacing the injured player must leave the game.
- 11. There will be no protests of calls. All calls made in a game are final.
- 12. Game play violations (traveling, double dribble, back court violations, stepping out of bounds, time violation, etc.) will not result in a stoppage of play with the goal of balancing "flow" to the game, while maximizing opportunities for players to learn. All called violations should be treated as instructional opportunities.
- 13. The on court coaches and the referee are expected to talk to the players during game play to prevent the violations from continuing.
- 14. Game will begin with coaches cooperating in matching opposing players man-to-man by ability and will be done again prior to the start of each quarter. Match-ups should not be changed to gain a competitive advantage.
- 15. One team will inbound the ball to begin the game and in the 3rd quarter. The other team will in the 2nd and 4th quarters.

16. Offensive Rules

- a. Three point shots will be scored as two (2) points.
- b. Violations called at the official's discretion. Officials will enforce violations on a sliding scale, subjectively by individual player's ability, especially in regards to traveling and double dribble.
- c. Offensive plays should be designed to include all players. No clearing out.
- d. Stalling will not be permitted. Offense will be expected to attempt initiation of play within five (:05) seconds of crossing half-court. Violation of this rule will result in a warning for the first offense. Subsequent violations will result in a turnover.
- e. Lane violations will not be enforced.
- f. Each player should have the opportunity to dribble the ball from the back court into play several times per game.

17. Defensive Rules

- a. Only man to man defense is permitted; no zone defense in any form is permitted.
- b. Players are required to guard their assigned player only and when possible be within 6 feet of their assigned player.
- c. Only half-court defense is permitted. Defense can pick up their man at half court.
- d. Double teaming in any form is not permitted.
- e. Steals:
 - 1. Steals permissible on passes only. Stealing off the dribble or while ball is in possession of an offensive player is NOT permitted.
 - 2. Defensive player may "tie-up" the ball inside the key after the offensive player has stopped dribbling, resulting in a jump ball.
 - 3. Jump ball, or "tied up" ball will NOT result in a change of possession.
 - 4. Team with possession prior to the "tie-up" will retain possession. A player may not hold the ball outside of the key more than (:10) seconds. Violations of (:10) second rule will result in a turnover.

18. Fouls

- a. A player may not foul out.
 - 1. Foul Shots there will be no free throws. End-line out of bounds play will be granted in the case of fouls which normally result in free throw shots.
 - 2. Possession stays with the team that was fouled.
 - 3. Players cannot foul out of the game, however, coaches and referees will take time to explain to the players proper play.

b. Technical Fouls

1. A technical foul by a player or coach results in a change of possession. If a player or coach receives a technical they will be ejected from the game

- and must talk to the Recreation Department staff before rejoining the team.
- 2. ANY player or coach ejected from a game will received a minimum of a 1-game suspension from all league activities (games and practices). The league reserves the right to levy longer suspensions or bans at their discretion.

IV. Staff Information/Inclement Weather

The Marinette Recreation Department will cancel games as needed due to weather. Check the Marinette Recreation Facebook page or call 715-732-2006. Games cancelled due to inclement weather will be made up if possible.

V. Rules Changes

Rules are subject to review by the Recreation Department at any time and will be discussed with coaches if needed.